

Causes of Venous Thrombosis in Fifty Chinese Patients

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In a whole year from July 1997 to June 1998, a total of 50 patients with sonogram-proved venous thrombosis who called on our hematology clinic consecutively entered into the study. Their mean age was 59.1 ± 17.5 years, range 18–83 years, and 29 were male. A series of examinations were performed in order to find out the cause of venous thrombosis. These examinations included antithrombin, protein C, protein S, plasminogen, heparin cofactor II, activated protein C ratio, factor V Leiden mutation, fibrinogen, factors VIII and XII, euglobulin lysis time, 677 C→T mutation of methylenetetrahydrofolate reductase (MTHFR), prothrombin 20210 (PT 20210) A allele mutation, lupus anticoagulant, anticardiolipin antibody, and complete blood count. Five patients (10%) were found to have malignancy; an inferior vena cava thrombosis in one patient was due to venous compression by hydronephrosis; two patients had lupus anticoagulant; two had varicose veins of legs; two had protein C deficiency; four had protein S deficiency; two had plasminogen deficiency; two had antithrombin deficiency. No activated protein C resistance, elevated factor VIII level, factor V Leiden, PT 20210 A allele or heparin cofactor II deficiency was found in the present study. Homozygous MTHFR 677 C→T gene mutation was found in 7 patients (14%); one of them also had a plasminogen deficiency. No possible risk factor of venous thrombosis could be found in 24 patients (48%). In conclusion, malignancy and protein S deficiency were the most frequent acquired and congenital causes of venous thrombosis in the Chinese, respectively. *Am. J. Hematol.* 63: 74–78, 2000. © 2000 Wiley-Liss, Inc.

Key words: Chinese population; deep vein thrombosis; etiology; thromboembolism

INTRODUCTION

Thromboembolic diseases (TED) remain a major cause of morbidity and mortality in most countries. More than 80% of the causes of TED had been unknown before 1993. After 1993, APC resistance to factor V Leiden was found to be a major cause of TED in the western countries [1–6], however, the same phenomenon was not found in the Chinese [7,8]. As the Chinese people are less prone to TED [9–11], possibly because of a difference in race, diet or other factors [12–14], the causes of venous thrombosis in the Chinese patients might be different from those of the Caucasians. Thus, investigation of the causes of TED is interested and necessary in the Chinese.

MATERIALS AND METHODS

In a whole year from July 1997 to June 1998, any patients who fitted one of the following criteria were

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enrolled into the present study: (1) those with recent venous thrombosis proved by sonography; (2) those from hematology out-patient clinic with previously-proved venous thrombosis not more than one year ago, but without investigation of the causes of the thrombosis. In total, fifty patients entered into the study. Their mean age was 59.1 ± 17.5 years, range 18–78 years. Twenty-nine of them were male.

Blood samples were drawn from all patients after signed consent. For the patients with recent thrombosis,

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it was drawn before anticoagulant or thrombolytic therapy, and for those with previous thrombosis, it was drawn after discontinuing all the anticoagulant medications for at least two weeks.

Fasting blood samples from all subjects were obtained to determine antithrombin, protein C, protein S, plasminogen, heparin cofactor II, activated protein C ratio, factor V Leiden, factors VIII and XII, euglobulin lysis time (ELT), 677 C→T mutation of methylenetetrahydrofolate reductase (MTHFR), prothrombin 20210 (PT 20210) A allele, lupus anticoagulant, anticardiolipin antibody, and complete blood count.

Using an automatic instrumentation (STA, Diagnostica Stago, Asnieres, France), we performed antithrombin, protein C, protein S, plasminogen, lupus anticoagulants, and heparin cofactor II assays with the following kits, respectively: STA-Stachrom ATIII, STA-Staclot Protein C, STA-Staclot Protein S, STA-Stachrom Plasminogen, Staclot LA, and Stachrom HCII (all from Diagnostica Stago, Asnieres, France). Protein S and lupus anticoagulants were determined by the clotting method. Antithrombin, heparin cofactor II, protein C, and plasminogen were determined by colorimetric assays. For detailed procedures, see manufacture's instructions.

Using a KC 10A semiautomatic coagulometer (Heinrich Amelung GmbH, Lemgo, Germany), activated protein C resistance, and factor VIII and XII assays were performed with the clotting method with the following reagents, respectively: Coatest APC Resistance (Chromogenix, Molndal, Sweden) and Dade factor VIII or XII deficient plasma (Dade International Inc., FL). For detailed procedures, see manufacturer instructions.

ELT was measured according to Chakrabarti et al. [15]. Complete blood counts were performed using an automated hematology analyzer (Sysmex SE9000, Toa Medical Electronics Co., Ltd., Kobe, Japan).

Anti-cardiolipin antibodies (ACA) were determined by an ELISA technique, using a commercial kit (Anti-CL IgG SELISA, Cambridge Life Sciences, England) for the quantitative detection of ACA of IgG class in human serum or plasma. The Anti-CL IgG SELISA employed a unique antigen-coated microwell technology, utilizing a noncompetitive sandwich enzyme immunoassay system to detect ACA. The testing procedure was conducted according to the manufacturer's instructions.

DNA analysis for the factor V Arg 506-Gln mutation (factor V Leiden), PT 20210A allele, and MTHFR 677C→T mutation were performed with the kit of Coaset FV-506 (Chromogenix, Molndal, Sweden, the method described by Poort et al. [16], and the method described by Frosst et al. [17], respectively. DNA was extracted from the buffy coat of the collected peripheral blood as previously described [18] and stored at 4°C not more than 12 months until analyzed.

Factor V Leiden was detected as previously described

[19]. The PCR mixture for analysis of the 20210A allele in the prothrombin gene consisted of 5 pM forward and reverse mutagenic primer [16] in the same buffer and the same PCR conditions as described above. A new *HindIII* site (-A/A GCTT-) was introduced in the fragment amplified from the less-frequent allele (A_2 :AAG). The more frequent allele (A_1 :GAG) lacked the restriction site. The PCR product was then subjected to *HindIII* restriction enzyme (New England Biolabs) analysis, and subsequent electrophoresis in 2.5% Metaphor agarose gel (FMC Bio-products) revealed the mutational status of the subject.

For detection of the 677C→T transition in the MTHFR gene, PCR was performed by use of 5 pM forward and reverse primer [17] in 80 μ M dNTPs, 10 mM Tris-HCl, pH 8.8 at 25°C, 1.5 mM MgCl₂, 50 mM KCl, 0.1% Triton X-100, and 0.4 U DynaZyme II DNA polymerase, Recombinant (Finnzymes Oy) in a total volume of 50 μ L. An initial denaturation step was carried out for 5 min at 94°C, followed by 35 cycles of denaturation for 30 sec at 94°C, primer annealing for 50 sec at 57°C, and primer extension for 50 sec at 72°C. A final extension step was performed for 5 min at 72°C and then at 4°C for 30 min. *HinfI* restriction enzyme (New England Biolabs) analysis and subsequent electrophoresis in a 2.5% MetaPhor agarose gel (FMC Bioproducts) revealed the mutational status of the subject.

Having obtained all the above results and the patients' history, we first analyzed the possible acquired causes which might be related to thrombosis, such as malignancy, nephrotic syndrome, myeloproliferative disorders, antiphospholipid syndrome, post-operation, immobilization, use of the oral contraceptive pill, hormone replacement, or pregnancy. We then rechecked any abnormal levels of each parameter in the remaining patients, analyzed the possible congenital cause of TED in every patient, and calculated the percentage of the congenital abnormality of such parameter to find out the most frequent congenital cause of TED in the Chinese patients.

RESULTS

Possible Acquired Risk Factors in 50 Patients With Venous Thrombosis (Table I)

Forty-seven of the patients proved to have deep vein thrombosis (DVT) of the lower leg, two proved to have superior mesenteric vein thrombosis, and one provided to have deep vein thrombosis of right arm by sonogram. After a series of clinical investigations, neither nephrotic syndrome, polycythemia vera, post-operation, immobilization, use of the oral contraceptive pill, hormone replacement, nor pregnancy could be found. The mean factor VIII level was 0.92 ± 0.21 U/mL, most of the patients had factor VIII level <1.2 U/mL, only one of them >1.2 U/mL (1.26 U/mL). Five of the 50 patients (10%) had malignant disease: one proved to have chronic myelog-

TABLE I. Possible Risk Factors of Thrombosis in 50 Patients With Venous Thrombosis

Risk factor	No of patients		Total
	Single risk factor	Associated with other risk factor	
Malignancy	5	0	5
Venous compression by benign cause	1	0	1
Lupus anticoagulant	2	0	2
Varicose vein of both legs	2	0	2
Protein C deficiency	2	0	2
Protein S deficiency	4	0	4
Plasminogen deficiency	1	1 ^a	2
Antithrombin deficiency	2	0	2
Homozygous MTHFR gene mutation	6	1 ^b	7
Idiopathic			24

^aAssociated with homozygous MTHFR gene mutation^bAssociated with plasminogen deficiency

enous leukemia, one had follicular malignant lymphoma, one had gastric adenocarcinoma with metastasis, one had adenocarcinoma of lung, and one had metastatic adenocarcinoma with unknown origin and chronic DIC. Five patients were thought to have benign causes: one had hydronephrosis with compression to inferior vena cava causing venous thrombosis, two were found to have severe varicose veins of lower leg, and two proved to have lupus anticoagulant.

Possible Congenital Risk Factors in 50 Patients With Venous Thrombosis (Table I)

Activated protein C resistance, factor V Leiden, PT 20210A allele or deficiency of heparin cofactor II was not found in our 50 patients with venous thrombosis. Seven patients had homozygous MTHFR gene mutation, one of which was also associated with plasminogen deficiency. Protein S deficiency was found in 4 patients, and antithrombin, protein C, and plasminogen deficiency were each found in two patients, respectively. One of the patients with plasminogen deficiency also had the homozygous MTHFR gene mutation. Finally, no definite known abnormality could be found in 24 patients (48%).

DISCUSSION

TED occurs more frequently in the westerners than in Chinese [9–11]. During the past few years, much effort has been made to better understand the causes of idiopathic venous thrombosis, i.e. the discoveries of factor V Leiden, PT 20210A allele, MTHFR gene mutation and elevated factor VIII levels [1–6,17,18,20,21]. However, though factor V Leiden was found to be the most frequent cause of TED in the western countries, it was absent in the Chinese race [7,8]. Thus, the cause of TED in

the Chinese is probably different and deserves our investigation.

Fifty patients with sonogram-provided venous thrombosis who called on our hematology clinic consecutively entered into our study over a one-year period. A series of examinations, including almost all the recently known possible causes of venous thrombosis, were made of these patients to check the possible causes of venous thrombosis. For the possible acquired risk factors of TED, we found that 5 (10%) had malignancy at the time of admission, i.e., their first manifestation of malignancy was deep vein thrombosis. This incidence is much higher than the reports by the Danish group of 2.5% (390/15348, in one year) [22] and by the Swedish group of 4% [23]. Both the Danish and the Swedish studies were from their national registry and thus were retrospective observations. According to Buller et al. [24], the hospital-discharge codes could not exclude patients with a previous bout of venous thromboembolism or a family history, which would indicate an inherited thrombotic disorder rather than primary venous thromboembolism. In addition, patients in whom cancer was found during the initial hospitalization for the thromboembolic event were likely to have been missed in the computerized search of hospital records. In the western countries, the most possible cause for thrombosis is factor V Leiden, and the incidence of thrombosis is much higher than that of the Chinese. Thus, the cause of malignancy in the western countries will be diluted by factor V Leiden or other causes; in the Chinese, however, factor V Leiden is not present as a cause of thrombosis, and thus malignancy is more likely to become an important risk factor of thrombosis. Evaluation of the possibility of cancer in the patients with venous thrombosis is necessary in the Chinese people as the incidence of malignancy in venous thrombosis is not low.

Polycythemia vera was not found as a cause in the present study. This is different from the Swedish report [23] that polycythemia vera had a high standardized incidence ratio (12.9). In our experiences, the incidence of TED in the Chinese patients with polycythemia vera was very low. Thus, polycythemia is not likely to be an important cause of TED in the Chinese.

Elevated factor VIII:C level (>1.5 U/mL) was suggested as the single commonest abnormality detected in 66 of 260 thrombotic patients (25.4%) in the study group of O'Donnell et al. [21]. The prevalence of elevated factor VIII level in the Chinese patients with thrombosis has not yet been reported. In the present study, though factor VIII might be an acute-phase reactant, elevated factor VIII level could not be found in our patients. The highest factor VIII in our study was 1.26 U/mL which occurred in only one patient. All other patients had factor VIII level <1.2 U/mL. Thus, factor VIII seemed not to be a risk factor of thrombosis in the Chinese patients.

Two patients with lupus anticoagulant and two patients with varicose veins were found in the study. The association of lupus anticoagulant and thrombosis was well-documented [25–27], thus, the presence of lupus anticoagulant is a likely cause of thrombosis of this patient. On the other hand, the association with venous thrombosis and varicose veins might need further investigation [28]. However, since a local hypercoagulable state could be detected in a certain proportion of patients with venous stasis [29], this makes varicose veins a probable cause of lower leg venous thrombosis.

Deficiency of plasminogen, protein C, protein S, and antithrombin could be found in totally ten patients (20%) in the present study. The most frequent type of deficiency in our study was protein S deficiency (8%), followed by antithrombin, protein C, and plasminogen (4% each). In our study, we did not investigate the cause of low protein S, i.e., whether it was due to high C4b binding protein or low free protein S and/or total protein S. Further studies should be performed in order to reach a conclusion. The present result is quite similar to another report that protein deficiency is the more frequent cause of venous thrombosis in the Chinese [30]. In that report, the prevalence of protein deficiency was found to be very high (58.8%). Bertina reported that proteins C, protein S, and antithrombin deficiencies comprised about 15% of families with inherited thrombophilia [31]. Families with thrombophilia are highly selected and are expected to show a much higher level of inherited contributing factors than the more or less consecutive thrombosis patients that were studied in the present study. In consideration of the relatively higher contribution of non-factor V Leiden, non-PT20210A allele, and normal factor VIII status in the Chinese, and the reported higher prevalence protein deficiency rates in the Chinese by Shen et al. [30], a higher prevalence of protein deficiency in the Chinese is possible. The higher prevalence rate reported by Shen et al. was probably due to the selected effect of their cases. However, in both studies, the most frequently seen protein deficiency in the Chinese was protein S, not protein C as in the western countries [32].

Plasminogen deficiency was thought to be the risk factor of thrombosis, though Dolan and Preston reported that the association of plasminogen deficiency and thrombosis was not very strong [33]. In our present study, two patients were found to have plasminogen deficiency.

Though heparin cofactor II deficiency was not commonly seen, its deficiency could induce thromboembolic episodes [34]. None of the patients was found to have heparin cofactor II deficiency in our study. Although without sufficient data, we might infer that heparin cofactor II deficiency is not a common cause of thrombosis in the Chinese.

Activated protein C resistance, factor V Leiden, and

PT 20210A allele were not found in the present study. DNA analysis has been performed in another study in more than 1261 Chinese subjects to find none with factor V Leiden or PT 20210 A allele [19]. Therefore, we suspected that these two mutations were not present and were thus not the causes of venous thrombosis in the Chinese. It is similar to the report of Lin et al. that PT20210 is extremely rare in the Chinese [35].

Seven patients (14%) were found to have homozygous MTHFR gene mutation. One of the main functions of MTHFR is remethylation of homocysteine to methionine [36]. A common MTHFR mutation, alanine-to-valine substitution, renders the enzyme thermolabile leading to elevated plasma levels of the amino acid homocysteine [37], which was proved to be a risk of occlusive vascular disease [38]. Although hyperhomocysteinemia was reported to be associated with arterial and venous thrombosis [39,40], the association of the MTHFR mutation and thrombosis was controversial. Some studies showed that there was no association between the MTHFR gene mutation and the risk of coronary artery disease or venous thrombosis [41–43]. Others reported positive association between them [44,45]. In our study, since we did not perform plasma homocysteine concentration in our patients, we cannot conclude whether the homozygous MTHFR gene mutation is a risk factor of TED or not. Thus, if we regarded the homozygous MTHFR gene mutation as a risk factor of thrombosis in the Chinese, no cause could be found in 24 of the 50 (48%) patients; if not, 30 (60%) of our patients would have no causes of thrombosis. From these results, we conclude that at least about 40% of the cause of venous thrombosis could be found in the Chinese.

In conclusion, malignancy and protein S deficiency are the most frequent acquired and congenital risk factors of venous thrombosis in the Chinese. Thus, it is necessary to search for hidden cancers in Chinese patients with venous thrombosis. Factor V Leiden, PT 20210 A allele, polycythemia vera, elevated factor VIII level, and heparin cofactor II deficiency were not found as the causes of thrombosis in the present study. Whether MTHFR gene mutation plays a role in formation of venous thrombosis in the Chinese deserves further investigations.

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